



Housing challenges

These are the key issues that put households at risk for homelessness:

LOW VACANCY: The rental vacancy rate as of July 1 in Chittenden County decreased to 1.8% from its 20-year peak of 2.5% in 2017. This vacancy rate continues to fall far behind the national average of 4.8%. Our Fair Market Rent (FMR) area is more expensive than 96% of other FMR areas in the United States.

HIGH RENTS: The 2019 Fair Market Rent for a two-bedroom apartment in Burlington-South Burlington is \$1,341 a month, which requires a renter to earn \$53,123 annually (\$25.54/hourly) to pay the recommended 30% or less on housing. Many households, particularly working families with young children, allocate more than 50% of their income to housing costs, putting them one paycheck away from financial disaster.

HOUSING WAGE: The recent annual report from the National Low Income Housing Coalition (NLIHC) and the Vermont Affordable Housing Coalition (VAHC), "Out of Reach: the High Cost of Housing," found that a Vermont worker needs to earn \$18.18 per hour to afford a one-bedroom apartment. This figure is known as the Housing Wage, the hourly wage a household must earn while working full time to afford a decent apartment at Fair Market Rent, while spending no more than 30% of their income on housing expenses. The average Vermont renter, however, actually only earns \$13.40 per hour.



Nicole Kubon (left), COTS Housing Resource Center Coordinator, and Sophia Senning, the Assistant HRC Coordinator, at COTS' main office, located at 95 North Avenue, Burlington.

A decade of solutions COTS Housing Resource Center prevents homelessness

The Housing Resource Center began as an idea: Many of the people who became homeless started off having a home. Perhaps, we thought, we could prevent them from becoming homeless by helping them keep it.

In 2008, COTS raised \$250,000 in private funding to "prevent people from becoming homeless." Then, the Great Recession began – the mortgage crisis, the stock market crash, the banking collapse. The job losses soon followed, and no banks were lending anyone money. The newly launched Housing Resource Center had never been so needed. We had money – and we began using it to help individuals and families who were about to fall into homelessness.

That first year, COTS helped more than 300 households avert homelessness through financial support and services. Now a decade later, this innovative and successful prevention program, through private and public funding, has kept thousands of people off the streets.

The HRC program helps stabilize about 400 at-risk households with short-term services and an average financial assist about \$1,000 each year. Many of the people we help at the HRC are living on tight budgets in an expensive housing market. The loss of a job or cut in hours, a family breakup, or a health care crisis can create a cascade that jeopardizes their housing.

We help people in a variety of ways. In addition to helping people with rental and mortgage arrearages, we provide short-term subsidies, utility and moving cost assistance. We offer intensive prevention, housing retention, housing search, and landlord liaison services.

And, we're always working to make them better. "We have the tools, and I'm looking forward to sharpening them" in *continued on page 2*



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SOLUTIONS...continued from page 1 the coming year, said Nicole Kubon, the HRC Coordinator.

We help people like "Annie," a working single mom whose high utilities – electric heat and hot water – plus negative impact of the "benefits cliff" had caused her to fall behind on her rent. (The "benefits cliff" refers to the way public support, including such things as child care subsidies and 3SquaresVT, can be phased out quickly when a family's household earnings have increased but end up inadvertently disrupting a family whose income has not yet reached self-sufficiency and longterm stability.) Through a creative mix of our services and resources, we helped "Annie" develop a repayment plan with her landlord and with her utilities. We also aided her in locating and moving to a more affordable and sustainable apartment.

Their stories often have similarities – but every person and situation is different.

"I am consistently impressed by the level of commitment my team have to the population they serve," Nicole said. "Their passion, integrity, resilience, and ingenuity are unique. ... I am humbled by their work."

Our risk-guaranty fund, COMPASS (COMPrehensive Assistance toward Self-Sufficiency), was designed to help people with poor credit and lacked positive landlord references. This program combines a financial guaranty to the landlord for up to 18 months with ongoing support services by the HRC staff. The guaranty will cover any missed rent, damages or legal fees, if needed. When COMPASS was launched, it was originally budgeted to help 15 families. Happily, though, the payouts from the risk pool fund have been so few that the same money is continuing to serve families now six years later.

Our Affordable Housing Specialist provides housing search services to guests in our shelters as well as community referrals. This role also has an "emphasis on building relationships with landlords," said Sophia Senning, the HRC Assistant Coordinator. In addition to helping families find housing in a tight market, the housing search program has also expanded landlords' understanding of what the HRC can do and does to help.

"I am not always able to provide the answers (landlords) are looking for, but being available to listen or direct them to other services is always appreciated," Sophia said.

COTS is a housing-focused organization, and we incorporate a prevention philosophy throughout the agency. As such, COTS integrated our housing navigation services under the Housing Resource Center a few years ago. This has allowed for more collaborative and cohesive services, as well as creative solutions to tackle housing barriers. Housing navigators work with people who have become homeless move more quickly back into permanent housing.

What we learn through the HRC informs and transforms our future efforts. Jonathan Farrell, our COTS Facility Director, led the HRC for more than five years. "My tenure at the HRC has directly influenced my understanding of the people who live in COTS permanent housing - programs which I now oversee," Jonathan said. "(The HRC) has been an influence in the creation of our COTS Housing Support Team, with members from the HRC, Daystation, and Facilities team who help select and support those who move out of the shelter into a permanent COTS housing unit, and beyond."

NEW HOUSING PARTNERSHIP IN WINOOSKI

Summit Properties' Casavant Overlook welcomed its first residents in September. Summit partnered with COTS to offer service-enriched housing in four of the affordable units for people who are homeless or at-risk of becoming homeless. This new facility in Winooski has 39 apartments, with 27 designated as affordable. Winooski has the highest rate of renter households and more affordable housing per capita than any other community in the state.

www.cotsonline.org

Main Street Makeover Family shelter kitchen, dining and cooking program transformed



Wally Perkins, a longtime teacher from Massachusetts, moved to Vermont with her husband, Peter, when she retired. We are so lucky she did.

For more than a decade, she brought her expertise and experience to her volunteer work with children and parents in family shelter. She provided educational support and ultimately laid the foundation for what would become the COTS Children's Program today.

"The world is mine and yours to share. How can we make it better?" she wrote a few months before she passed away in 2018.

Those words will be added to a plaque that will soon hang in the newly renovated – and newly renamed – kitchen and dining space at the Main Street Family Shelter. We are honoring Wally's enduring legacy by renaming the space in her memory.

This summer, the worn and well-used space received a muchneeded makeover. Like the renovation to the Waystation, our overnight shelter for single adults, in 2018, this transformation followed the principles of Trauma-Informed Design. These included using cool colors, improving lighting and layout, and incorporating natural elements.

The new space is welcoming, flexible in use, and dignified. To learn more about Wally, the renovation, or Trauma-Informed Design, please visit our blog at www.cotsonline.org.

Kids in the Kitchen

COTS received a grant from the **Joy in Childhood Foundation** to revitalize our longstanding healthy snack and meal program for children in shelter. The newly renamed **Kids in the Kitchen** program debuted this summer.

We partnered with **Vermont FEED (Food Education Every Day)**, a farm-to-table project of **NOFA-VT** and **Shelburne Farms**, to provide guidance, which included training for staff and volunteers as well as recipe and resource recommendations. The program incorporates recipes from Just Say Yes to Fruits and Vegetables (jsyfruitveggies.org), which are designed to be simple, healthy, and budget-friendly. Volunteers and staff cook with children of all ages at both COTS family shelters – Main Street and Firehouse – throughout the month.

Our Kids in the Kitchen cooking calendar was planned to coordinate with the growing schedule of our raised garden beds, which were planted and help maintained by volunteers.

The program also incorporates field trips, such as a late



BECKY HOLT

The Main Street Family Shelter dining area received a Trauma-Informed Design makeover this summer.

summer trip to Shelburne Farms, and guest speakers. At an "Ice Cream Taste Test" hosted by **Ben & Jerry's** Flavor Guru Eric Ferdette and Burlington Scoop Shop Manager **Jake Lavalley** and featuring frozen yogurt, sorbet and new non-dairy flavors, Eric talked about the science and research behind developing new flavors with children and parents in family shelter this summer.

Kids in the Kitchen aims to help families discover new ways to eat healthy and save money, not just in shelter but when they move to their new homes. It is part of COTS' larger overall Children's Program in family shelter, which includes educational enrichment, reading and computer literacy, social and emotional skill building, and academic tutoring.

Church Street creates Positive Change

The **Church Street Marketplace** gave its collection boxes a facelift this year: The "Positive Change" campaign was unveiled in May with the newly branded boxes in front of Stephen & Burns and Kiss the Cook.

The original collection boxes debuted six years ago and raised more than \$17,000.

"With our two new collection boxes sporting bright colors and new graphics, we believe the 'Positive Change' program will increase awareness about homelessness in our community and raise more funds for COTS," said Ron Redmond, the Marketplace's executive director.

The campaign has another new feature: Donations can be made remotely anytime via a **Text-to-Donate** option, sponsored by the Marketplace. **To donate, text "COTS" to 41444 from a mobile phone**. Learn more at www.cotsonline.org.

Our 2019 honorees

COTS recognized these outstanding volunteers in October (learn more about our honorees by visiting our blog at www.cotsonline.org):

Wilma Rayta Volunteer of the Year: PEG EDDY, longtime administrative support

Dee PT Community Partner Award: STAPLES and the **VERMONT LAKE MONSTERS** for their creative support of the #172vt Back-to-School Backpack drive

Samara-Anderson Walk Award: CELIA CUDDY, for joining us and inspiring countless University of Vermont social work students to do so, too

Leahy Leadership Award: RICHARD WILLIAMS, Vermont State Housing Authority

Special presentation of the **Innovation & Solutions Award** to the **Farmers of Cabot Creamery Co-op**, accepted by Marie Audet of Blue Spruce Farm, who won the first-ever Nation Award for Outstanding Dairy Farm Sustainability by the Innovation Center for US Dairy. Marie also was recently admitted into the Vermont Agriculture Hall of Fame. This was award was created in recognition of Cabot's enduring gift created by helping launch Cookies for Good a decade ago and in celebration of Cabot's Centennial this year. (See story, below.)

cots annual meeting & volunteer appreciation National childhood homelessness advocate gave keynote address

Barbara Duffield

COTS was delighted to welcome childhood homelessness advocate Barbara Duffield to give the keynote address at our Annual Meeting & Volunteer Appreciation Breakfast in October.

Barbara has spent her entire career advocating for children and youth who experience homelessness. She is the executive director of the SchoolHouse



Connection, a national nonprofit that works to overcome homelessness through education by partnering with early childhood programs, higher education institutions, and service providers.

She served as the Director of Education for the National Coalition for the Homeless, where she collaborated with service providers, as well as federal agencies and Congressional offices, to advocate for children's issues. In addition, Duffield's work as the Director of Policy and Programs at the National Association for the Education of Homeless Children and Youth (NAEHCY) has helped champion national efforts to strengthen federal protections for children and youth experiencing homelessness. Duffield has authored numerous policy reports, and has been quoted in *The New York Times, National Public Radio*, and *Education Week*.

Read more about Barbara by visiting COTS' blog: www.cotsonline.org

a decade of sustainable good Cookies for Good take bite out of homelessness

Cookies for Good is a "bake sale every day" for COTS that began when **Cabot Creamery Co-op** approached COTS with a novel idea: Bake cookies, and sell them to support homeless shelters and homelessness prevention programs in Vermont.

Sugarsnap, a Vermont farm-to-table caterer, owned by Abbey Duke, partnered on the project with its nine delicious cookie recipes, and ability to handle baking and distribution. And, then in December 2010, the bake sale officially began.

At least 35% of all cookie purchases through Sugarsnap go to support COTS shelter and homelessness prevention programs. In 10 years, nearly \$100,000 has been raised to support these services.

"It means so much to me that every single day my business is doing a small something that is important: raising money to fight homelessness," said Abbey. "And all of our daily work and persistence has led to almost \$100,000, one cookie at a time."

Talk about your good cookies!

"Cookies for Good allows the farmers who own Cabot to help prevent homelessness because of Sugarsnap and Abbey's customers," said Roberta MacDonald, Cabot senior vice president of marketing. "Our goal with the initial investment in Sugarsnap resources over a decade ago was to create a perpetual income stream for COTS. As long as Sugarsnap bakes, COTS benefits and the farmers' intent is honored even during tough years on the farm."

We plan to celebrate this partnership's sustaining good throughout 2020. As part of that, we have created a new honor to recognize this enduring gift: the **Cabot Solutions & Innovation Award**, which we presented to the Farmers of **Cabot Creamery Co-Op** at our Annual Meeting & Volunteer Appreciation Breakfast in October. (Learn more by visiting our blog at www.cotsonline.org.)

HOW TO ORDER: Serve Cookies for Good at your holiday party, business lunch, or send to a friend, co-worker or customer.

Nine flavors of the locally sourced treats are available: Chocolate Chip; Java Hazelnut; Peanut Butter; Double Chocolate Cherry Almond; Bittersweet Chocolate Orange; Oatmeal Raisin; Lemon Poppyseed; Ginger Molasses Snaps; Coconut Cardamom with Black Sesame. Learn more by visiting www.thesnapvt.com. To order, call (802) 861-2951.



About 2,000 walkers, volunteers, and supporters joined us for the **30th Annual COTS Walk** in May. The 3-mile trek May 5 around Burlington raised more than **\$230,000** for COTS programs.

The Walk would not be possible without the generous support of our sponsors:

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dok wright photography; Enterprise Rent-A-Car; Hannaford Brothers Co.; P&P Septic; PP&D Distribution Service; Saint Michael's College; Staples; Stephen Mease Photography; Sugarsnap; Verizon Wireless; Vermont Lake Monsters; Vermont Teddy Bear Factory; WB Mason



CHALLENGE WALKERS

Individuals: Anonymous (3); Sydney Holt Barker; Scot Barker; Mary Candon; Tracie and Vince Carlos; Mags Conant; Denise Danyow; Sr. Isoline Duclos; Bob Duncan; Bruce Elliott; Joyce and Joe Hagan; Judy Hamel; Zoe Hart; Elizabeth Hazen; Georgia Jensen; Rita Markley; Sharon Morris; Shelley Richardson; Lucy Samara; Guthrie Smith; Evan Stainman; Stefanowicz Family; Gillian Taylor; Ann Warrington; John and Mary Wilson

Business: Baystate Financial; Champlain Investment Partners; Employees' Community Action Council of General Dynamics; FoodScience Corporation; KeyBank; Logic Supply; Sen. Patrick Leahy's Office; Verilux

Faith: All Souls Interfaith Gathering; First Congregational Church of Burlington; First Unitarian Universalist Society of Burlington; Love & Blessings; Roman Catholic Diocese of Burlington; St. Catherine of Siena; St. James Episcopal Church; Essex Catholic Community (St. Pius X/Holy Family/St. Lawrence); Shelburne United Methodist Church; Team Mercy

School: Burlington High School; Colchester High School; Cub Scout Pack 655; Essex High School Red Cross Club; The Orchard School; Rice Memorial High School; The Schoolhouse; South Burlington High School; University of Vermont

It Takes a Village

Thanks to the generosity of KeyBank, Staples, Rhino Cares, Homebridge and the Vermont Lake Monsters our #172vt Back to School Supply Drive was a huge success. We kicked off the drive by cheering on the Lake Monsters at Centennial Field with Champ, where Rhino Cares delivered the first official donations. Homebridge delivered



boxes of supplies, too! Staples invited us to take part in their Block Party Celebration and table at their South Burlington location – as they helped us collect many donations from their customers. Both KeyBank and the Lake Monsters donated backpacks, and KeyBank led the backpack stuffing. We also received many donations from individuals who visited our main office or selected items from our Amazon Wish List to be mailed directly to us. Throughout the monthlong drive, we collected enough supplies from the community to fill more than 300 backpacks! Backpacks were distributed to children in COTS shelter and services, and children helped by our community partners: **Burlington Boys & Girls Club**, **King Street Center**, **STEPS to End Domestic Violence**, **Spectrum Youth & Family Services**, and the **Sara Holbrook Community Center**.

Thank you to **Sukha Yoga** and the **Church Street Marketplace** for including COTS in the Yoga on Church Street Summer Series.

City Market donated the surplus food from their annual member meeting, and invited us to table at **Burlington's Thursday Night Concert Series** held at Battery Park this summer.

We were thrilled to be part of the nonprofit village at the **Do Good Fest** hosted by **National Life Group** again this summer.

Gadue's partners with COTS to dry clean winter coats donated by the community to help keep our guests warm through their **Coats for Kids and Families** program.

Turtle Fur provided a large box of hats as the weather started getting colder.

Hilton Burlington invited COTS to participate in their *Thursday Nights on the Catio* event series this summer. **DJ Craig Mitchell** joined for the September date. They also collected diapers and baby wipes for families in COTS programs.



The **20th annual Homeschoolers Bake Sale** donated proceeds (and tasty treats) from the sale held outside the Fletcher Free Library in September.

The **Vermont Agency Foundation** invited COTS once again to table at their 8th Annual All Charity Golf Tournament.

Friendly Toast hosted a Friendly Fundraiser to support COTS, donating 20 percent of proceeds from dinner one evening in October.

The **Rock Point School** hosted their annual **Ooky Spooky 5K** to help raise money to support COTS.

SEABA invited COTS to join in the fun and table at this year's **Kids Hop** as part of the **2019 South End Art Hop**.

New England Federal Credit Union sponsored musicians from the 2019 Burlington Discover Jazz Festival to provide our guests with some swingy tunes on the patio of COTS Daystation. We were excited to welcome Pine Street Jazz and Andriana Chobot Trio to perform on two different afternoons during the jazz festival.

Burlington Furniture Co. donated 1% of their sales in the month of September to support COTS.

Main Street Family Shelter had both kitchen and flower gardens from the spring into the fall. This spring, our AmeriCorps volunteer Sam Prue coordinated with friends the planting of tomatoes, cucumbers, zucchini, lettuce, and herbs and more. Individual volunteers helped throughout the growing season with watering and weeding. Volunteers from Seventh Generation helped weed and clean out the flower beds in the spring, and volunteers from First Congregational Church UCC of Burlington helped weed and clean up the beds in the fall, including planting tulip bulbs to bloom in the spring. Individual volunteers also helped weed, water, and plant the garden throughout the growing season.

Sherpa Foods donated items from the COTS Wish List in honor of their son's birthday, served lunch at the Daystation, and donated a portion of their weekly sales at the Burlington Farmers Market.

Department of Vermont Health Access employees donated and served lunch to our veterans at COTS Canal Street Veterans Housing program. Volunteer groups did projects throughout the summer and early fall – from organizing and moving donations for distribution to deep cleaning in our program spaces. Thank you to: **I-LEAD** (Institute for Leadership and Education Development); **Upward Bound** students from Burlington and Winooski; and **Vermont TREK**.

This summer, our Main Street Family Shelter kitchen and dining areas received a trauma-informed makeover (read more on page 3 or check out our blog post at www.cotsonline.org). That meant our kitchen was out of commission for cooking for about 10 days. Thank you to our supporters who provided dinner for our families during construction: Folino's Pizza and MSK Attorneys; Leonardo's Pizza; First Congregational Church of Burlington; and three COTS staff members and their families.

COTS is grateful to our partners who provided trainings for our staff and volunteers: **Vermont CARES**, **VCIL**, **Hunger Free Vermont**, **NAMI**, and **VT FEED**.

DONATIONS, DRIVES, AND COTS WISH LIST

Special thanks to those who have donated from our wish list or set up donations drives: **AmWINS Group Inc**. donated socks, blankets, baby wipes, and toiletries; **Burlington Friends Meeting** donated wish list items; **Carter's** donated clothing for children; cookies and notes for families in shelter from **Christ the King School**; **Dealer.com** for six boxes of bowls and mugs; **Delta Dental** donated travel-sized toothpaste; **Essex Center** donated socks and underwear; **Faith United Methodist Church** for boxes of toiletries and children's books; **Flynn Center for the Performing Arts** donated tickets to their fall shows; **Girl Scout Troop #52011** donated 16 boxes of cookies; **Girls on the Run** program at **Shelburne Community School** for collecting toothbrushes, toothpaste, shampoo, towels, gift cards and more; **Hanes Sock Drive**; **Hyde Park Congregational Church** donated wish list items; Kat Mooney Photography for natural soaps from an affiliate soap business; Market 32 donated pasta sauce; the student-lead toiletry drive at Mount Mansfield Union High School; Optum Technology Commerical Services donated soaps and shampoos; Orthoteknics donated 60 pairs of shoes; RiRa Irish Pub for their Halloween fundraising event; Ronald McDonald House Charities donated laundry detergent pods; Seventh Generation donated laundry detergent, dish soap and more; Ursa Major Skincare for Explorers donated face tonic; Usborne Books fundraised to supply more than 100 books; UVM Medical Center Vermont Child Health Improvement Program donated wish list items; and UVM Event Services for blankets. Individual supporters also donated items, including a supporter who made handmade pillowcases.

DAYSTATION LUNCH

Allscripts; All Souls Interfaith; Colchester-Milton Rotary; College Street Congregational Church; Congressman Peter Welch's Office; COTS Housing Resource Center staff; Four Seasons Sotheby's International Realty; Heritage Aviation; Love & Blessings; Mr. Z's Pizza in Barre; National Life Group; Richmond Congregational Church; Roman Catholic Diocese of Burlington; Saint Michael's College; UVM Medical Center; Vermont Information Processing; VSECU; Wake Robin; and Williston Federated Church; plus many, many individual supporters, who provided healthy lunches for about 50 people daily. The Daystation serves a noontime meal 365 days a year, thanks to the support of volunteers.

Thanks to the **Intervale Center** for inviting COTS to participate in their Fair Share Program that helps provide fresh food to our guests in shelter and **COSTCO** for donating a gift card each month to help support COTS Daystation meal program.

Kids in the Kitchen:

Left: Ben & Jerry's visited for a taste test with children and parents in shelter guests (pictured with Stephanie Hardesty of COTS). **Right**: Jorge Yagual and Kestrel Plump of VT FEED give training to COTS volunteers on staff on cooking with children. See story, page 3.



ALTERNATIVE HOLIDAY GIFTS: Send a Katharine Montstream Card

Make a minimum \$15 donation to COTS in someone's name, and we'll send the recipient a beautiful Katharine Montstream winter cityscape card painted in cool blues with this message: "A generous donation has been made to COTS in your name. This gift of warmth and shelter will help families and individuals who are experiencing the crisis of homelessness make it through the harsh winter months." Contact Gillian to order at (802) 864-7402, Ext. 210 or gilliant@cotsonline.org. For more gift ideas, visit cotsonline.org.



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Thank you!

These generous businesses and organizations provided in-kind and financial support during COTS' fiscal year 2019 (October 1, 2018–September 30-2019). In addition to the names here, hundreds of individuals and foundations have made financial and/or in-kind support of COTS programs and services this past year. The foundations listed below have requested inclusion in our newsletter.

14th Star Brewing Co. 95 Triple X A Single Pebble Albany College of Pharmacy & Health Sciences The Alchemist Brewery Alison Redlich Photography All Saints Episcopal Church All Souls Interfaith Gathering Allscripts Al's French Frys Amazing Smiles, Inc. AmazonSmile American Endowment Foundation American Flatbread America's Gardening Resource, Inc. Ameriprise Financial, Inc. **Ampersand Properties** AmWINS Amy E. Tarrant Foundation Aon The Bagel Café & Deli Bags 4 My Cause The Bank of America Charitable Foundation **Baystate Financial** The Bellwether School Ben & Jerry's Foundation Ben & Jerry's Ice Cream Benevity Community Impact Fund Blue Star Mothers **Bluebird Barbecue** BlueCross BlueShield of Vermont **BNY Mellon** Bob's Laundry Vending Service **Bonehead Buddies** Booska World Wide Moving & Storage Borsavage Hospitality, LLC (Lang House) böswellness Bouchard-Pierce Boucher & Pritchard Funeral Directors Boy Scout Troop 602 - Shelburne Brian's North End Automotive Bristol Bakery & Cafe Bristol-Myers Squibb Foundation

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First Baptist Church First Congregational Church of Burlington First Congregational Church of Essex Junction First Unitarian Universalist Society First United Methodist Church Fitness Options Personal Training Studio, LLC Fitzgerald Veterinary Hospital Fletcher Free Library FoodScience Corporation Four Seasons Sotheby's International Realty Fraternal Order of Eagles #3210 **FreePressMedia** Furchgott & Sourdiffe Gallery G W Tatro Construction, Inc. Gadue's Dry Cleaning, Inc. Galen Healthcare Solutions Gallagher, Flynn & Company, LLP Gannett Foundation, Inc. Garcia Tobacco Shop, Inc. Gardener's Supply Gay & Lesbian Fund of Vermont, Inc. **GE** Foundation GE United Way Campaign General Dynamics Ordnance & Tactical Systems Georgia Elementary & Middle School Geri Reilly Real Estate Girl Scout Troop 52011 Goldman, Sachs & Co. Matching Gift Program Good Shepherd Lutheran Grace United Methodist Church Grand Way Seniors Association, Inc. Greater Burlington YMCA Great Harvest Bread Co. Greek Orthodox Philoptochos Green Mountain Chorus Hallam Associates, Inc. Hannaford Brothers Co. Hannaford Supermarkets Heavenly Cents Thrift Shop Heilmann, Ekman, Cooley & Gagnon, Inc. Hemenway & Barnes LLP Henry's Diner HomeBridge Financial Services, Inc. Homeschoolers of Chittenden County Hotel Vermont Housing Vermont Hunger Free Vermont Hyde Park Congregational Church **IBM** Computershare IBM Employee Charitable Contribution Campaign

IBM Retiree Charitable Campaign Image Outfitters In the Pocket Jazz Band Independent Block, LLC Instrumart Intervale Center ISCIENCES, LLC ISI Water J M Smith Foundation J&R Kramer, Inc. J. A. Morrissey, Inc. Jeff Corey Excavating, Inc. Jericho Elementary School Jess Pom, LLC Joy in Childhood Foundation, Inc. Kelsey Trust Keurig Dr Pepper KeyBank KeyBank Foundation KeyBank National Association King's Corner Deli Kiss the Cook Knights of Columbus La Villa Bistro Lakeside Pharmacy Larkin Realty Leonardo's Pizza Let's Grow Kids Leunig's Bistro Living Well Chiropractic Logic Supply, Inc. Love and Blessings Lund Mad River Valley Real Estate Maheux Heating and Refrigeration, Inc. Main Street Landing Malletts Bay Congregational Church UCC Management Accounting Services, LLC Mansfield Hall Mansfield Mortgage Professionals Manufacturing Solutions, Inc. Masonic North Star Lodge **MAXIMUS** Foundation Meredith Corp. The Mervyn L. Brenner Foundation, Inc. Mi9 Retail Mirabelles, Inc. Mister Z's Restaurant Montstream Studio Morgan Stanley Smith Barney, LLC Mount Mansfield Union High School Murphy Sullivan Kronk

Must Love Yarn NAMI Vermont National Life Group Charitable Foundation, Inc. National Life Insurance Co. Native Energy Network for Good New England Air Systems New England Federal Credit Union New England Floor Covering New England Housewrights, Ltd. New Moon Cafe North Star Leasing NorthCountry Federal Credit Union Northeast Delta Dental Northfield Savings Bank Northgate Residents' Ownership Corp. Northwestern Vermont Board of Realtors NRG Systems Ohavi Zedek Synagogue Oil N Go **Opportunities Credit Union** Optum Technology Commercial Services Orthoteknics Our Hearts to Your Soles Our Lady of Mt. Carmel Church P & P Septic The Parish of Holy Family and St. Lawrence Paul Frank + Collins, P.C. PayPal Giving Fund Peacham Church Fellowship Penny Cluse Cafe People's United Bank People's United Community Foundation Pizzagalli Properties, LLC Place Creative Company Pomerleau Foundation, Inc. Pomerleau Properties, Inc. **Positive Change** PP&D Distribution Service Price Chopper Queen City Printers, Inc. Red House, Inc. Redstone Commercial Group **Reformed University Fellowship** Religious Hospitallers of St. Joseph **Revision Military** Rhino Foods Rí Rá Irish Pub **Rice Memorial High School Richmond Congregational Church** Rock Point School Roman Catholic Diocese of Burlington

Ronald McDonald House Charities Rose Computer Technology Services, Inc. **Rovers** North Sabra Field, Inc. Santa Night The Schoolhouse Schwab Charitable Fund Select Design Seventh Generation Seventh Generation Foundation, Inc. Shelburne Museum Sherpa Foods, LLC Smith-Alvarez-Sienkiewycz Architects Snowflake Chocolates Sodexo, Inc. & Affiliates South Burlington High School South Burlington Rotary Club South Burlington School District Speeder & Earl's Coffee, Inc. St. Andrew's Episcopal Church St. John Vianney Church Saint Michael's College Edmundite Campus Ministry **MOVE Office Staples** Star 92.9 Starbucks State of Vermont Stephen & Burns, Inc. Stephen Mease Photography Stone Underground Construction Stonecutter Spirits, LLC Stowe Mountain Lodge Sugarsnap Sukha Yoga Sweet Clover Market Systems & Software, Inc. T Ruggs Tavern Teen Challenge VT Temple Sinai Reform Jewish Congregation Teucrium Trading, LLC Thomas Mechanical, Inc. **Timberlane Dental Group** Town of Bolton Town of Charlotte Town of Essex Town of Hinesburg Town of Huntington Town of Jericho Town of Milton Town of Richmond Town of St. George

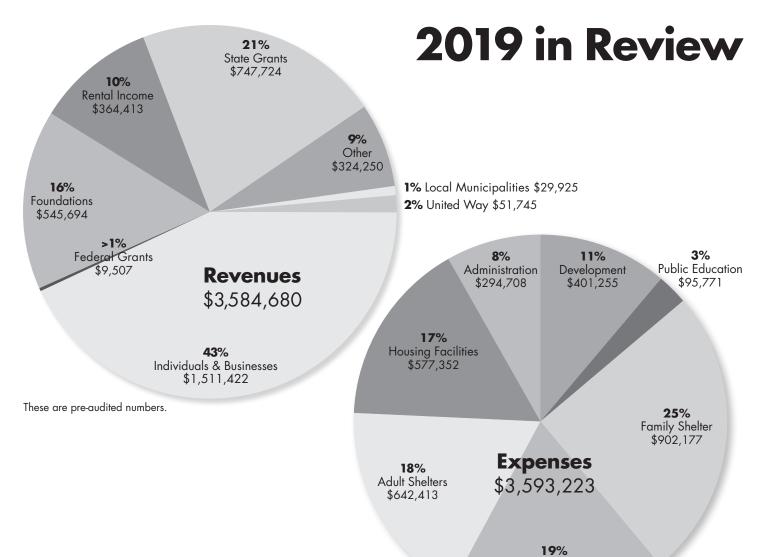
Town of Underhill Town of Williston Tradewinds Imports, Inc. Training, Marketing & Technology, Inc. Trapp Family Lodge TRUiST Trust Company of Vermont Turtle Fur Unilever United States Foundation, Inc. Union Mutual of Vermont Companies United Church of Colchester United Church of Fairfax United Methodist Women of Montgomery United States Department of Veteran Affairs United Technologies Matching Gift Program United Way of Coastal Fairfield County, Inc. United Way of Greater Philadelphia and Southern New Jersey United Way of Greater Portland United Way of Northwest Vermont United Way Suncoast University Mall University of Vermont: Club AFECT Community Development & Applied Economics Hillel Kappa Alpha Theta TREK University Event Services University of Vermont Medical Center: Children's Hospital Larner College of Medicine Medical Center Ophthalmology **Orthopedics & Rehabilitation Center** Vermont Child Health Improvement Program USANA Usborne Books & More Vanguard Charitable Verilux, Inc. Verizon Wireless Vermont Agency Foundation Vermont Business Magazine Vermont CARES Vermont Catholic Charities

Vermont Center for Independent Living Vermont Children's Trust Foundation Vermont Community Foundation Vermont Cookie Love Vermont Energy Investment Corp. Vermont Federal Credit Union Vermont Gas Systems, Inc. Vermont Information Processing, Inc. Vermont Korean-American United Methodist Women Vermont Lake Monsters Vermont Legal Aid Vermont Mutual Insurance Co. Vermont Systems, Inc. Vermont Teddy Bear Co. Vermont Tent Co. Vermont Zen Center VFW Post 1767 VFW Post 491 Vintage Jewelers von Trapp Greenhouse W.B. Mason Wake Robin Waterbury Center Community Church WCAX-TV Westaff Westport Hospitality, LLC Whitcomb Woods Tenants Association, Inc. White+Burke Real Estate Investment Advisors, Inc. Williston Central School Williston Federated Church Williston Federated Church -Women of the Church Willow's Bagels Winburn Law Offices The Windjammer Restaurant Windmill Children's Center Winooski School District WOKO/WJOY Radio WowToyz Wright & Morrissey, Inc. YourCause, LLC

IRA CHARITABLE ROLLOVER

Taxpayers age $70\frac{1}{2}$ and older can increase their gift-giving capacity through the Charitable IRA Rollover by donating up to \$100,000 from their IRAs directly to COTS or another nonprofit of their choice. This enables IRA account owners who are subject to the Required Minimum Distribution (RMD) rules to use untaxed money in an IRA as a donation to a charity tax-free. For more information, visit www.cotsonline.org or reach out to your financial advisor.

www.cotsonline.org



Overall, we helped 2,303 people (including 766 children) last year.*

COTS Shelters

FAMILY SHELTERS: 52 families (including **97 children**) stayed in a COTS family shelter. We can host **15 families** each night.

ADULT OVERNIGHT SHELTER: 281 individuals stayed in COTS' year-round program shelter, which provides 36 emergency beds each night.

ADULT DAYTIME DROP-IN CENTER: 471 individuals visited the Daystation, a daytime center for homeless adults, where a noontime meal is served daily with the help of volunteers. An average of **43 people** visited daily.

Housing Navigation

COTS FAMILY HOUSING SERVICES: 69 families,

including those staying in emergency shelter or the community, received support from COTS staff.

COTS ADULT HOUSING SERVICES: 209 single, homeless adults received outreach and support from COTS staff. .

Prevention Support

PREVENTION ASSISTANCE: 225 households (including **228 children**) received prevention assistance through the COTS Housing Resource Center (HRC).

Prevention Services

\$679,547

REHOUSING ASSISTANCE: 93 households (including **82 children**) received rehousing help through COTS' HRC program.

COTS Housing

TRANSITIONAL HOUSING: 23 units of housing for families and individuals are offered by COTS at the Smith House and Canal Street Veterans Housing.

PERMANENT HOUSING: 75 units of housing are offered by COTS at the **Smith House**, **The Wilson**, **St. John's Hall**, **95 North Avenue** (with Housing Vermont), **Canal Street Veterans Housing** (with Housing Vermont).

* COTS services provided during COTS FY19: 10/1/18-9/30/19.



Committee on Temporary Shelter

PO Box 1616 Burlington, VT 05402-1616 802-864-7402 www.cotsonline.org Non-Profit Org. U.S. Postage PAID Permit No. 896 Burlington, VT

Mark your calendar

Find out more about these events – and how you can get involved – at our Web site: **www.cotsonline.org**.

THE GREAT DEE PT DIAPER DRIVE

Under way now through December 19.

Three drop-off locations: Dee PT: 23 San Remo Drive, South Burlington Field House: 166 Athletic Drive, Shelburne Dee PT: 52 Farmall Drive, Hinesburg



Diapers can be dropped off: Monday–Thursday: 7 a.m.–6 p.m. Fridays: 7 a.m.–4 p.m.

Jason Fitzgerald, Dee PT Exercise Physiologist and Clinical Coordinator, began this extraordinary drive in 2007. Now in its 12th year, the drive has collected more than 650,000 diapers for families in need. The diapers are distributed through COTS and our community partners. Sizes 5, 6 and pull-ups especially needed.

The University of Vermont men's hockey team is among the many supporters, and this year, they've included the drive in their game against rival Boston College on November 16 at Gutterson Fieldhouse. Supporters can bring diapers and donations to the game, while they cheer on the Cats. Visit cotsonline. org to watch a video about the drive and learn more.

PHONATHON

December 2–5: 5:30–9 pm December 9–10: 5:30–9 pm December 11: 9 am–noon 95 North Avenue, Burlington

Enthusiastic volunteers "dial for dollars" to raise money for COTS shelters and services. If you are interested in joining us to volunteer, please call Reagan at (802) 864-7402, Ext. 207 or email reaganm@ cotsonline.org.

CITY MARKET TREE SALE

Begins December 4 City Market 82 South Winooski Avenue, Burlington

NEW! The City Market location at 207 Flynn Avenue, Burlington, also will sell trees, beginning December 6. Moffatt's Tree Farm in Craftsbury once again will supply the trees. Trees cost \$40 with sales continuing until all trees are sold. Visit www.citymarket. coop/cots-tree-sale to volunteer.

CANDLELIGHT VIGIL

5:30 p.m., December 18 Burlington City Hall steps Church Street Marketplace

Each year, during the week of the Winter Solstice, we pause to reflect on those who are homeless in our community. Community leaders share brief vignettes about people who were homeless this past year. Refreshments follow in City Hall's lobby.

COTS HOMEFRONT 👚 FALL 2019

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