# A Day in Star City



Illustrated and Inspired by Kids at the COTS Family Shelter

Words by Julie Samara



#### Committee on Temporary Shelter

278 Main Street
The Daystation
Families in Transition
The Firehouse Family Shelter
Rental Opportunity Center
The Smith House
St. John's Hall
The Streetwork Program
The Waystation
The Wilson

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### About Star City

I got to spend many afternoons reading good books and doing art projects with kids at COTS Family Shelter last summer. One day, the activity I'd planned was for the kids to design and map out their own city. When I arrived, a "Star City council meeting" was in progress out back by the sandbox. After watching the kids fill up pads of paper with characters and scenes they'd imagined — all the while playing cops, firefighters, elves, dragons, and superheroes on the side — the kids' Star City game instantly struck me as the best way to capture the amazing spirit and creative potential they showed every day. I would like to thank all of the fantastic kids who responded to the idea of "the book" and made it happen — you're all stars!

— Julie Samara, COTS Intern Summer 2002



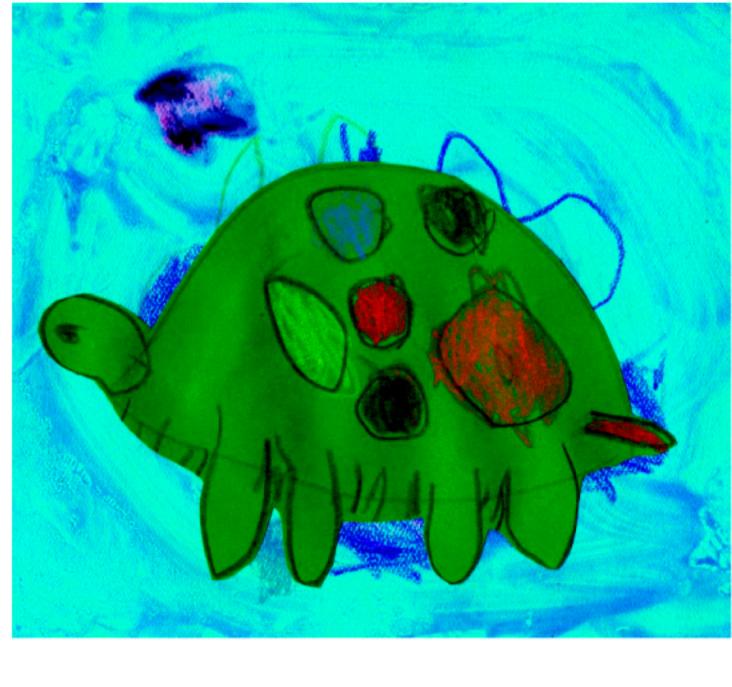
It's a new day in Star City, and everyone's going somewhere different.



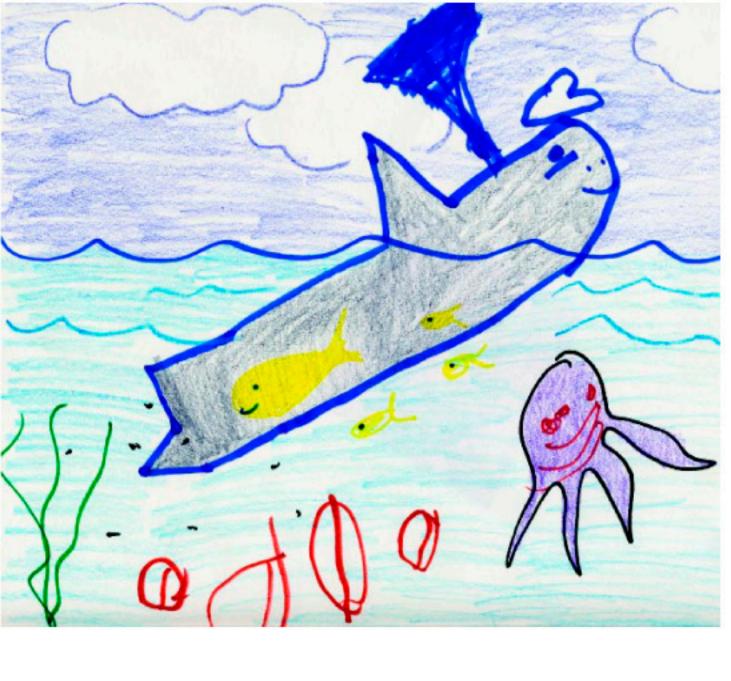
The butterflies are going to Star City Garden,



where the flowers are friendly,



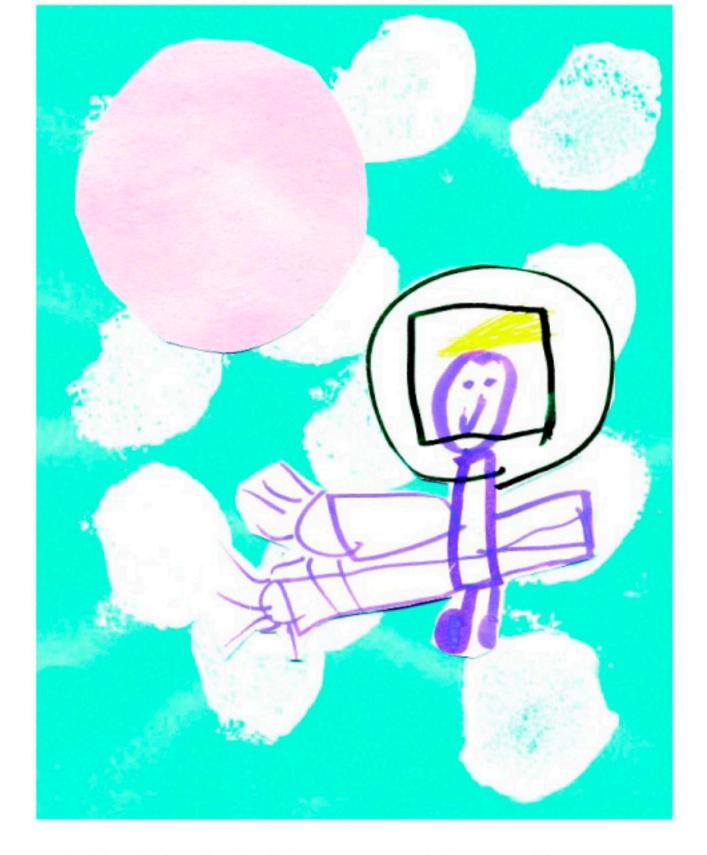
and Rainbow Turtle is going to the beach,



where the water is nice and cool.



Tyler is taking a walk to the fair,



and Justin is taking a walk on the moon.



Super Girl is going to protect Star City,



Corey is going to climb the tallest tree...



and I'm going home.

#### A Timeline of Success

### The Committee on Temporary Shelter



1982 Many citizens are worried about the growing number of homeless persons in Vermont. A group of community leaders and organizations, calling themselves the Committee on Temporary Shelter (COTS), joins forces to help.

> With the initial goal of providing overnight refuge during the harsh winter months, the committee opens the Waystation Emergency Shelter on Christmas Eve, using Burlington's Sara Holbrook Community Center space for six months to shelter a total of 94 people.

1983 COTS opens the Waystation Emergency Shelter on lower Church Street in Burlington.

1984 Realizing that a bunk bed and blanket are not enough for people to make the transition to independence, COTS volunteers and staff launch the Streetwork Program to help people find housing, jobs, and medical and mental health services. COTS purchases the Wilson Hotel to serve as a single-room-



occupancy facility for formerly homeless adult men and women.

1986 A shift in housing needs becomes evident with a number of families seeking refuge at the Waystation. Community leaders and local organizations work together to establish a shelter specifically for homeless families.

1988 Renovations are completed at a vacant Burlington firehouse, which begins serving the community as the COTS Firehouse Family Shelter.

COTS helps establish the Homeless
Healthcare Project, bringing medical and
mental health care services to COTS's
newest facility, the Daystation. The first
one-stop model in Vermont for homeless
services, this collaboration has since been
replicated in other communities. The COTS
vocational program is added several years
later as an effective link with employers.

1990 About 1,000 people take part in the first COTS Walkathon. This annual event becomes a cornerstone of COTS community education and fundraising efforts.

1991 COTS creates 22 units of affordable housing for formerly homeless men and women at St. John's Hall in Burlington's Old North End.

1992 COTS receives the Maxwell Award for Excellence from the Fannie Mae Foundation for developing St. John's Hall.

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1996 Burlington's "Families in Transition" program moves under the COTS umbrella. Through this program, 10 single-parent families receive apartments and support services for up to two years.

1998 COTS receives a Blue Ribbon. Best Practice Award from the U.S. Department of Housing and Urban Development in recognition of the successful outcomes of COTS programs.

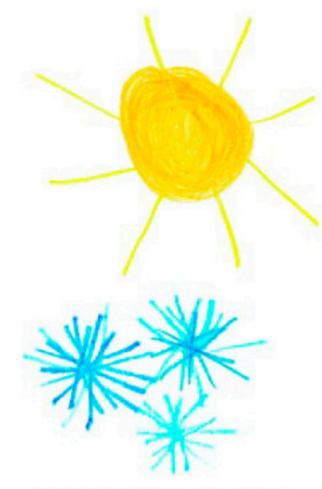
1999 The housing market in Chittenden County is so tight that shelter stays have doubled for adults and tripled for families. In response, COTS works with the support of the Burlington Housing Authority to open the Rental Opportunity Center — a collaboration with apartment owners recruited

> through service clubs, community groups and churches - which works to secure housing for families and adults.

COTS receives the national Gunther Award for developing innovative, effective programs that are models for other communities.

2000 The First United Methodist Church of Burlington donates a building, the Smith House, which COTS renovates to provide nine units of housing to formerly homeless adults and families.

2002 In its 20th year, COTS responds to the unprecedented number of families in need by purchasing and renovating a 200-year-old brick building from the



YWCA at 278 Main Street. This facility has been renovated to provide transitional housing to homeless families with children, serving 10 families at a time.

TODAY COTS has grown into a vital network of services and support for people without

> homes. With the help of others in our community, COTS continues to set families and individuals on the road home.

Artist's sketch of 278 Main Street, which provides transitional housing for 10 families.

## Special Thanks to all the "Star City" Artists

and to ...

COTS Family Shelter Staff
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The Every Monday Thrift Shop at the First United Methodist Church of Burlington The Women's Fellowship of First Congregational Church of Burlington

> Linda Cloutier-Namdar Barbara Carter Boutilier's Art Center Ben Franklin







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